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Introduction

While formal research results regarding the benefits and impact of synchronous online learning have not been widely available to date, Elluminate has collaborated with hundreds of academic institutions that have changed the way they teach with live eLearning and web collaboration technology. This white paper documents the experiences of a wide variety of these academic institutions that have benefited both academically and financially from the implementation of this enabling technology. In addition, this paper discusses current issues in academia and examines some of the most recent independent research about the benefits and impact online learning in general and synchronous technology in particular are having worldwide.

In his book, “The World is Flat: A Brief History of the Twenty-First Century,” New York Times columnist Thomas L. Friedman discusses a global, web-based playing field and the sharing of knowledge and work in real time, without regard to geography, distance, or even language. Disney was right: it’s a small world after all. And as a result, academic institutions are going online, changing they way they teach in response to how today’s students learn.

Susan Patrick, president and CEO of the International Association for K-12 Online Learning (iNACOL), believes online learning is more than a trend. It’s revolutionizing global education, and those countries with strong eLearning strategies will advance to help prepare students to reach their full potential in a digital age. Today’s students want more options when it comes to education, and online learning is providing new opportunities for universal access to the best possible education for all students, regardless of ability, background, income level, or geography.

iNACOLS’ recently published “Fast Facts About Online Learning” offers a wealth of research, trends, and statistics, including:

- K-12 online learning is a new field consisting of an estimated $50 million market, which is growing at an estimated annual pace of 30% annually
- 44 states have significant supplemental online learning programs, or significant full-time programs (in which students take most or all of their courses online), or both.
- 34 states offer state-led programs or initiatives that are designed, in most cases, to work with existing school districts to supplement course offerings for students.
- As of January 2007, there were 173 virtual charter schools serving 92,235 students in 18 states.
- 57% of public secondary schools in the U.S. provide access to students for online learning.
- 72% of school districts with distance education programs planned to expand online offerings in the coming year.
- In 2008, Sloan Consortium reports that there are approximately 4 million college students are currently enrolled in fully online courses.

Author of “The Synchronous Non-interactive Fallacy,” Wesley Fryer wonders why so many college professors suffer under the delusion that students should want to come to class when the instructor drones on in lecture, without any opportunity for interaction. And while UCLA economics professor Lee Ohanian believes that too much technology leads to a passive learning environment, Fryer feels that this perception is really a problem of pedagogy, not technology.

In “Digital Natives, Digital Immigrants,” Marc Prensky states that students have changed radically and are no longer the people our education system was designed to teach. Today’s average college grads spend significantly fewer hours reading than playing video games. Computer games, email, the Internet, cell phones, iPhones, and instant messaging are an integral part of the lives of these “digital natives.” As a result, teaching methodology and content must change, according to Prensky.
What’s more, not only is online learning for K-12 growing rapidly, it can be as effective as face-to-face learning. According to “A Synthesis of New Research on K-12 Online Learning” from the North Central Regional Laboratory (NCREL), on average, students seem to perform equally well or better academically in online learning. In addition, teachers who teach online reported positive improvements in their face-to-face teaching as well.

**The Need for Synchronous Interaction**

While current research shows that online learning can be as effective as a traditional classroom, we believe that adding synchronous interaction on its own or in a blended environment provides significant advantages.

For many educational institutions, the majority of distance courses use asynchronous tools, possibly in conjunction with synchronous text chat or streaming video. With asynchronous distance education programs, students often experience a feeling of isolation. Throughout their program, students work primarily on their own, having little contact with other students and instructors. For many, this isolation can be a serious detriment to learning. Studies indicate that interactions between students and instructors as well as student-to-student interaction greatly enhance distance education by improving student attitudes and motivation, increasing completion of coursework, enabling better performance on tests, and facilitating greater retention. Moreover, increased interaction provides a sense of community for students.

Research in distance learning continues to emphasize the importance of interaction for effective learning and teaching. Historically, technologies that increase interaction have been expensive, difficult to use, and not often utilized. With the advances of technology and the ubiquitous nature of the Internet, distance learning is changing. It is now easy and cost-effective to incorporate interactive instruction using a new model of distributed learning that combines asynchronous online learning with online synchronous solutions.

Synchronous collaboration software, such as virtual classrooms, allows for real-time interaction with students and instructors. A model that combines both asynchronous and synchronous learning to bridge students, instructors, and educational content in vibrant online learning communities is the ideal solution. The desired outcome of using these synchronous communication tools is to add value of real-time interaction rather than just static content.

Synchronous interaction has many benefits to students and instructors, including the following:

- Provides immediate instructor and student feedback
- Replicates the physical classroom model
- Reduces the feeling of isolation
- Provides a forum where students can collaborate at any time
- Fosters a sense of community with the learners
- Motivates students and helps them structure their time
- Increases students’ technical aptitude

However, even programs that have used synchronous models have not often used voice as part of the learning model. Often this is because teleconferencing between students and instructors is troublesome and quite expensive. However, new solutions feature built in Voice Over Internet (VoIP), which does away with the need for a telephone, enables interaction over an Internet-connected computer equipped with a microphone and speakers (or headset). This added voice component provides:

- Increased human interaction that improves results
- Increased meaning and understanding
- Increased sense of community
- Effective and efficient communication vehicle
- Flexibility in responding and interacting
- Multiple methods to interact with students with differing learning styles
In all levels of education, the trend for distance learning programs is to provide a blended approach, which combines synchronous and asynchronous experiences in an attempt to leverage the benefits of both modalities.

**Academic Benefits**

In his article, “Reconnecting the Classroom: E-learning Pedagogy in US Public High Schools,” Georgetown University’s David Huffaker discusses the impact of Internet-based eLearning, including active engagement, social learning, continuous feedback, and real-world applications. Huffaker says that eLearning applications can be personalized for the individual learner’s needs, provide communication tools that foster collaborative work, and offer anywhere/anytime transfer of information. He advocates that we "lose the ‘E’ in eLearning" to make it the norm, redefining how education is designed and bringing students and teachers closer together using the technology that manifests in society.

According to Graeme Wilson in “The Impacts of Synchronous Activities Upon Online Learners,” the virtual classroom provides a number of beneficial impacts. These include the sense of community developed by teachers and students, the ability to share and collaborate with peers, improved communication and immediacy of response, a positive influence on students’ self-esteem and self-confidence, and increased motivation. In addition, Wilson found that the synchronous classroom was a great equalizer for students of all abilities, removing some of the prejudices students had experienced in a face-to-face classroom and allowing students to move at their preferred pace.

At Elluminate, we believe the academic benefits of synchronous online learning include:
- Creating effective distance learning
- Extending the physical classroom
- Building learning communities
- Enhancing professional development
- Leveraging limited teaching resources
- Facilitating faculty, staff, and administrative communication and collaboration
- Enhancing infrastructure support

**Creating Effective Distance Learning**

Live eLearning enables academic institutions to deliver real-time, instructor-led classes to students, regardless of their geographical location and with all the advantages of traditional face-to-face classrooms. Online technology addresses multiple learning styles and levels the playing field for those not previously successful in a traditional learning environment, from special needs to gifted students, increasing self-esteem and motivation. It can also easily be integrated with asynchronous learning or management content systems.

**Alberta Distance Learning Centre**

A world leader in distance education that uses both print and online courseware, Alberta Distance Learning Centre (ALDC) plays an active role in the education system, with a special focus on ensuring equity of educational opportunity for all students, regardless of circumstance or location. The center provides direct service to some 18,000 new and continuing students every year, making it the largest school in the province. In 1996, ADLC began operation of a virtual school and also offers contracted online teaching services to schools that wish to increase the courses available to their students.

After receiving research funding to study the impact of adding a synchronous component to their asynchronous online courses, the ALDC compared the completion rates over a 3-year timeframe of delivering asynchronously against their first year of adding a synchronous component for 2-4 hours per week in each subject. As shown in the following table, with the addition of synchronous tutorials, the number of students completing the course has, on average, doubled.
<table>
<thead>
<tr>
<th>Subject</th>
<th>Asynchronous Completion Rate</th>
<th>Asynchronous and Synchronous Completion Rate</th>
</tr>
</thead>
<tbody>
<tr>
<td>Chemistry 30</td>
<td>42%</td>
<td>88%</td>
</tr>
<tr>
<td>Math 31</td>
<td>48%</td>
<td>85%</td>
</tr>
<tr>
<td>Physics 30</td>
<td>41%</td>
<td>94%</td>
</tr>
<tr>
<td>Applied Math 10</td>
<td>57%</td>
<td>88%</td>
</tr>
</tbody>
</table>

**Center for Distance Learning and Innovation**

A division of the Newfoundland Department of Education, the Center for Distance Learning and Innovation provides access to educational opportunities for students, instructors, and adult learners throughout Newfoundland and Labrador, especially those in isolated, rural areas. After adding live discussion and dynamic interaction to its asynchronous WebCT course content, the organization found its students in the province are doing as well, if not better, than Canadian students enrolled in traditional, face-to-face learning.

**Los Angeles Unified School District**

To graduate, high school students in California must pass Algebra 1 as well as the California High School Exit Exam (CAHSEE). The second largest school district in the United States, Los Angeles Unified School District launched its Los Angeles Virtual Academy (LAVA) in 2004 to provide online instruction, including algebra tutoring and exam preparation, that enables equity and access to a quality education for all district students.

The portal uses a blended onsite/online learning model that incorporates the live virtual classroom as well as the Blackboard learning system. High school students taking algebra credit recovery via LAVA have a higher passing rate than the overall district-wide rate, indicating that online learning can be just as effective as the traditional classroom.

**Mount Saint Vincent University**

More than 4,500 women and men from across Canada and around the globe take advantage of Mount Saint Vincent University’s distinctive undergraduate and graduate programs and creative learning approaches. At the end of the school’s pilot project using the live virtual classroom, it conducted a student survey in which over 90% of students surveyed said they would take another course using the product, and 100% of IT students agreed that the live eLearning interface is very intuitive, making it easy to use during online classes. The survey also showed that the majority of students preferred a blended approach over any single type of learning environment, as shown below.

<table>
<thead>
<tr>
<th>Learning Environment</th>
<th>Percentage</th>
</tr>
</thead>
<tbody>
<tr>
<td>Blended</td>
<td>68%</td>
</tr>
<tr>
<td>Face to face</td>
<td>17%</td>
</tr>
<tr>
<td>WebCT</td>
<td>10%</td>
</tr>
<tr>
<td>Video</td>
<td>3%</td>
</tr>
<tr>
<td>Virtual classroom</td>
<td>2%</td>
</tr>
</tbody>
</table>

Note that of those who preferred a blended learning environment, 35% preferred a combination of WebCT and the virtual classroom.

**Rocky View Virtual School**

A full-time, accredited virtual school for K-12 students in Alberta, Canada, Rocky View Virtual School (RVVS) provides access to all core subjects and a wide variety of complementary subjects, including second languages. The RVVS program works by combining asynchronous and synchronous delivery to engage students, instructors, and parents. Students are expected to become familiar with a variety of software in order to complete the program. Creating electronic slide shows, text documents, and participating in synchronous and asynchronous group work situations are all a part of the RVVS Program.
In this example, content for a Physics 30 class was offered asynchronously through WebCT, with 2-3 hours of optional synchronous tutorials offered each week.

<table>
<thead>
<tr>
<th>Physics 30</th>
<th>Course Mark</th>
<th>Final Examination Mark</th>
<th>Course Completion</th>
</tr>
</thead>
<tbody>
<tr>
<td>Asynchronous and synchronous participation</td>
<td>59.0</td>
<td>56.6</td>
<td>100%</td>
</tr>
<tr>
<td>Asynchronous participation only</td>
<td>49.9</td>
<td>41.6</td>
<td>32%</td>
</tr>
</tbody>
</table>

These results show that:

- The average course mark for those who completed both synchronous and asynchronous course content increased by almost 10% when compared to those students who only completed the asynchronous course content.
- The final exam mark of those students participating in synchronous sessions increased by 15% over students not participating in synchronous sessions.
- 100% of the students who attended synchronous sessions completed the course, compared to just 32% of those who did not participate synchronously.

**Sunchild E-Learning Community**

Sunchild E-Learning Community is an organization dedicated to the academic achievement of the Canadian Aboriginal community, delivering education via the Internet to First Nation high school students in both urban and rural areas of Alberta, Canada. Sunchild needed an eLearning model that could duplicate a classroom environment as well as provide students in remote areas with access to experienced, qualified instructors.

Using synchronous online technology, Sunchild provides superbly qualified instructors and a multi-dimensional, flexible environment that suits the learning style of First Nation students. As a result, Sunchild has realized an 80% success rate with diploma achievement, a dramatic increase from the 17% graduation rate of the traditional Aboriginal education system. Also, since they implemented their interactive eLearning model, the community has graduated more students in the last 3 years than in the previous 40 years.

**Extending the Physical Classroom**

Live eLearning and web collaboration technology can also be used in conjunction with onsite activities in the traditional classroom environment. This enabling technology can connect online and onsite students, enable instructors to present engaging content onsite and remotely, leverage teachers between physical schools, record content for students who miss a class or need help preparing for exams, and bring in remote lecturers and experts.

**The Argyll Centre**

One of 210 schools in the Edmonton public school system, the Argyll Centre offers programming to over 5,000 students in grades 1 through 12 a variety of programs that operate outside the traditional structure of a classroom environment. In looking at the business of education, which is student achievement, the school conducted two internal research projects where its staff looked at the effect of synchronous participation on high school and junior high student achievement levels.

The research found that when young people are interacting online with an instructor or one other, achievement goes up, more than if students were in a text-based or asynchronous environment. And while the school has not done any structured research at the elementary level, administrators believe that grade school students are improving reading and oral competencies with the use of synchronous online learning.
Babson College
Initially, Babson wanted to expand its Fast Track MBA, adding a synchronous component to the existing in-person and Web-based training via the college’s Blackboard Learning Management System. Instructors liked the live eLearning technology because it didn’t get in the way of teaching, and students liked how the product allowed them to meet without an instructor present.

Today, students who can’t come to class because of other responsibilities or inclement weather can attend via the virtual classroom. In addition, Babson is using live online learning in Olin 101, a new eLearning room for blended onsite/online classes that includes an audio system at every seat and the instructor workstation. For Babson, the new technology doesn’t decrease the student experience in any way, and it doesn’t create additional work for those using or maintaining it.

Centre for Distance Learning and Innovation
Leadership at the Centre for Distance Learning and Innovation looked at each of its courses and made a pedagogically sound judgment about what percentage should be taught using synchronous versus asynchronous technology. For language courses, it made sense that the majority of the course was taught using synchronous online learning because interaction is key. For social studies, students and teachers use the synchronous tool about 30% of the time to present information and share thoughts, with the rest of the time spent individually reading and reviewing documents and books via WebCT. For math and science courses, it’s about 50-50 blend of asynchronous and synchronous content.

Mount Saint Vincent University
A small university with a global outlook, Mount Saint Vincent University (MSVU) fosters academic excellence and educates the leaders of tomorrow. Along with using synchronous online technology for virtual office hours and lab sessions and to add real-time interaction to distance learning, MSVU also launched its first fully blended onsite/online course, connecting students on a global level from such widespread locations as Chicago, Kuwait, Bermuda, and Jordan.

Additionally, there have always been a number of international students in the university’s IT program. Now if they have to go home for a semester, they don’t have to give up their studies. In another example, a spreadsheet application course is taught in the traditional classroom during the day and live online in the evening. The two classes are virtually identical and offering a choice between online or onsite delivery provides flexibility and interactivity for busy students.

Building Learning Communities
Nothing enhances learning better than peer-based discussions and mentoring. With live eLearning and web collaboration technology, students can collaborate on projects, provide peer mentoring, and create online communities to discuss a variety of topics. Some schools have even used the technology for extra-curricular activities and groups. At the same time, educators can connect with peers, share content, generate discussion, and more.

BCcampus
BCcampus, an online educational service provider, implemented live eLearning as part of the online community and professional development services it provides for 26 post-secondary public institutions throughout British Columbia. For the past two years, BCcampus has contracted with the Learning Times Network to provide online community services and through them has implemented an affiliated network of five communities, all of which have an embedded virtual classroom/conference room available for synchronous interaction and collaboration.

University of Iowa
With the objective of expanding interaction and collaboration on a global level, the University of Iowa selected live eLearning technology to facilitate international occupational and environmental health training and research with countries in Central and Eastern Europe, many of which have slow and unreliable Internet connections. With the new technology, collaborator countries can participate fully in sessions regardless of their location and create recordings that can be used worldwide to address common environmental problems. In addition, the university is introducing the synchronous online
technology to the World Health Organization to help strengthen its global Collaborating Centers in Occupational Health network of 70 locations in 32 countries.

University of Pittsburgh Center for Injury Research & Control
University of Pittsburgh Center for Injury Research & Control (CIRCL) realized the need for a multi-purpose tool for teaching within and outside the university and for collaboration with colleagues on a local, national, and international level. Using live eLearning technology, CIRCL now reaches a wider audience, providing blended classes for onsite and remote audiences and enabling participants to focus on collaboration for frank, instantaneous, high-quality interaction.

Enhancing Professional Development
The way to prepare students to compete in a global economy is to first prepare our educators. With synchronous eLearning technology, academic institutions can offer cost-effective opportunities for instructor collaboration and professional development, helping to recruit and retain qualified instructors. Remote experts can address staff to keep them up-to-date on new technologies, policies, strategies, and teaching methodologies. Instructors can use their time more effectively by attending sessions without traveling and even play back recorded sessions at their convenience.

New York State Teacher Centers
The New York State Teacher Centers, 427 sites that provide professional development for 239,000 teachers throughout the state, wanted to deliver online professional development courses for instructors. Synchronous online technology enables mentoring for center directors and the delivery of online courses that train teachers on the technology they need to handle their official reporting responsibilities. And because it doesn’t require a steep learning curve, the live online environment became a useful and popular tool in just months, providing both technological and emotional support for instructors.

Pennsylvania Department of Education/Chester County Intermediate Unit
The two organizations first used live eLearning for the Pennsylvania Technology Leadership Academy for school board directors and business managers. Funded by the Pennsylvania Department of Education (PDE) and developed by the Chester County Intermediate Unit and PDE Office of Educational Technology, the academy provides learning activities focused on the importance of technology in K-12 education, including a variety of interactive webinars. Each webinar had between 30 and 40 attendees from around the state, with presenters from other states as well. Going online eliminated travel costs for both attendees and presenters, making the technology very cost effective to use.

Sloan Consortium
An association of 700 institutions and organizations of higher education engaged in online learning, Sloan Consortium wanted to add synchronous interactivity to its asynchronous online research workshops, hoping to attract a wider audience, nationally and internationally. The blended environment worked well for one workshop’s 369 attendees, who participated from 44 states and 9 countries. Sloan-C is planning a similar workshop with 430 people already on a waiting list.

Leveraging Limited Teaching Resources
Live eLearning technology enables academic institutions to teach across geographical boundaries. For example, if there are too few students to justify a class at a single campus, the technology can be used to broadcast the class to remote students at other campuses, schools, or around the world.

Stockton City Learning Centre
Part of the British Department for Education and Skills Excellence in Cities program, the Stockton City Learning Centre (CLC) helps improve educational standards in inner city areas throughout the country and is in the process of rolling out live eLearning to all the schools in the area. What’s more, the organization provides evening homework drop-in sessions and opened an online Virtual Learning Environment for anywhere, anytime learning with live and recorded lessons used as standalone sessions or as part of a course.
In addition, the UK’s Advanced Skills Teachers are highly respected and are held to rigorous assessment standards. Using synchronous online technology, the ASTs can conduct master classes and work with schools that aren’t quite up to speed without traveling from their own schools, for a significant savings in time and travel expenses. The Stockton CLC is also moving toward having its expert teachers in the secondary schools provide a variety of language courses for students in the primary schools, again without leaving their own schools.

**Sunchild E-Learning Community**

In remote areas of Canada, it’s difficult to get experienced, qualified instructors to come and work with First Nation students. The Sunchild eLearning model was designed to solve this problem by finding a way to duplicate the classroom environment over the Internet. As a result of providing the virtual classroom, Sunchild is able to hire qualified instructors who can teach from wherever they reside, reaching students throughout the province to duplicate any instructional experience.

In addition, a very important part of the Sunchild eLearning model are the key teachers, First Nation people who work as facilitators on site at each reserve to mentor students and help them deal with social and academic issues. The synchronous technology also helps the key teacher communicate with the instructional teacher, acting as a go between for the students to help with any problems they may be having.

**Facilitating Communication and Collaboration**

According to the 2006 Horizon Report, a collaboration between The New Media Consortium and the EDUCAUSE Learning Initiative, social computing is the application of computer technology to facilitate collaboration and working in groups. The report goes on to explain that dynamic knowledge creation and social computing tools and processes are becoming more widespread and accepted. No longer in their infancy, tools for working collaboratively at a distance are easier to use and more commonly available. As the tools have matured, the practice of online communication and collaboration has increased as well.

Web collaboration technology provides an enhanced meeting environment with voice over the Internet that eliminates long-distance and teleconferencing charges and reduces travel costs. With the proliferation of multi-campus institutions with satellite campuses, rising travel costs, and tight budgets, the advantages of virtual live meeting technology become greater. Many institutions are using web conferencing for executive council and committee meetings.

**British Columbia Ministry of Education**

At the British Columbia Ministry of Education, synchronous online learning is used in two primary ways. The Distributed Learning Unit in the ministry’s Information Department uses the learning and collaboration technology to increase communication, host online meetings, and promote the spirit of eLearning. In a 3-month period, the ministry held 44 meetings with a total of over 800 participants, saving a significant amount in travel costs alone. In another area, a new electronic student information system was implemented. The implementation team used the technology to train the trainers in 45 districts throughout the province, again saving both the ministry and the districts time and money.

**California State University Northridge**

Part of the 23-campus California State University system and one of the largest higher education institutions in the state, California State University Northridge (CSUN) is a vibrant, diverse university community of nearly 30,000 students and 5,000 faculty and staff. Recently, CSUN held a meeting of the Provost’s Council, which included all the deans of the school, using web collaboration technology. In addition, there are plans to hold meetings for all the CSU campus provosts remotely using the collaborative environment.

**Los Angeles Unified School District**

Leading Los Angeles Unified School District executives would travel as much as 3 hours round trip for executive meetings that would only take 1-2 hours. Today, school executives can meet for an hour online and even include a brief presentation from a math/science visualization application, all without travel. The organization saved onsite refreshment costs for the meeting as well.
Pennsylvania Department of Education and Chester County Educational Agency
One of 29 regional educational agencies in the state, the Chester County Intermediate Unit works with the Pennsylvania Department of Education (PDE) and 12 local school districts that represent over 64,000 students and 6,000 educators. Adding interaction to meetings and online learning activities was key for both organizations. With synchronous online technology the organizations eliminated travel costs for attendees and presenters for their Pennsylvania Technology Leadership Academy for school board directors and business managers. For the PDE, this interactive online environment allowed participants in a statewide strategic planning process workgroup to meet even when faced with a sudden winter blizzard.

Enhancing Infrastructure Support
Academic institutions can use synchronous learning technology in many other ways, including internal training, research, help desk support, and online library resources. Many schools use live eLearning or recorded tutorials to provide remote training for software applications and learning/content management systems, policies and procedures, best practices, and more. The technology can even be used as part of new student orientation and for parent/teacher meetings.

Training
Many schools and other academic organizations use live eLearning to provide remote training for software applications and learning/content management systems, policies and procedures, best practices, and more. The technology can even be used as part of new student orientation. All the advantages of saving travel cost and time through remote, virtual meetings are realized with synchronous online training.

The British Columbia Ministry of Education is charged with implementing the BC Electronic Student Information System, a significant effort that involves training district trainers to train end users in all 60 districts as well as more than 300 independent schools on the new system. In a province the size of BC, time, distance, and cost are huge issues. In addition, as a result of millions of dollars in budget cuts, money for travel and training has been significantly decreased. Web-based learning technology enables the ministry to train in the districts without expensive, time-consuming travel.

Research
Universities and graduate programs can use synchronous learning for sharing research drafts and papers within multi-campus institutions and between other institutions, bringing in subject matter experts. Sharing computer applications, electronic manuals, technical material, and more with associates is a significant benefit to researchers, making remote meetings more effective than mere telephone or video conferencing.

Northern Arizona University is one of the fastest growing research universities in the United States. There, researchers collaborate with colleagues at other Arizona schools and around the country. They are constantly on the phone, emailing documents back and forth, and working on presentations. With web conferencing technology, researchers can do their collaborative work in real time, regardless of location.

The Sloan Consortium is an association of about 700 institutions and organizations of higher education engaged in online learning. The organization used a blended environment of asynchronous and synchronous technology to attract and connect more than 350 attendees worldwide for an interactive online research workshop to disseminate information about the most important issues in online learning today. Post-workshop surveys showed the asynchronous and synchronous environments met the attendees’ needs in different ways.

The Canadian Institute for Distance Education Research (CIDER) is an initiative run by Dr. Terry Anderson, Canadian Research Chair at Athabasca University. CIDER fellows from across the country meet online every two weeks to present and discuss research findings in a collegial forum.
**IT Helpdesk**

As software releases are rolled out, IT helpdesk personnel can train new users remotely, taking over their desktop, and showing them how to do something rather than just telling them. In addition, the helpdesk staff can create recorded sessions to provide a resource library or an audit trail as they make desktop configuration changes.

One of 210 schools in the Edmonton public school system, the Argyll Centre offers a variety of programs that operate outside the traditional structure of a classroom environment to over 5,000 students in grades 1 through 12. Along with using live eLearning for online courses and staff meetings, collaboration, and professional development, the school also uses it for remote troubleshooting. At the Argyll Centre, help desk technicians can use the tool to remotely take over students’ computers to solve problems, rather than making home visits or having them bring in their machines. Prior to classes, the help desk also works with the online students to help them get familiar with the live, online environment. In addition, the school has a number of students in other countries, like China, and synchronous technology enables the technicians to get students up and running more rapidly than in previous years."

**eLibrary**

The virtual library reference desk is another valuable use of synchronous online learning technology. Library staff can conduct web tours and allow participants to navigate within each URL to experience campus library resources firsthand. Students and faculty can also share the results of eLibrary research with their remote counterparts, facilitating group project work.

Mount Saint Vincent University (MSVU) recently provided students at Bermuda Collage with the opportunity to experience a live tutorial that introduced MSVU library academic research resources and taught students how they could apply the resource to specific course-related research problems. While on-campus students have long had the benefit of library instruction sessions tailored to their course assignments, the efforts of librarians and instructors at MSVU allowed that basic academic service to reach students as far away as Bermuda.

**Financial Benefits**

While there are a wide variety of benefits associated with using a synchronous online learning solution, there are also significant hard dollar savings and revenue that can be achieved as well, including:

- Return on investment
- Cost savings
- Revenue generation

**Return on Investment**

Today, academic institutions are required to balance educational outcomes with the financial bottom line, including demonstrating a rapid return on their technology investment. Doing more with less has become a way of life for academia as it has in the business world. At the same time, schools are operating in an increasingly competitive environment and global marketplace. Synchronous online learning is a cost-effective solution that provides universal access with lower total cost of ownership and strong ROI.

**CCC Confer (California Community College System)**

CCC Confer supports enterprise-wide web and audio conferencing for the 110 campuses of the California Community College System, the largest higher education system in the world. The eConferencing system’s popularity is evident in its growth from fewer than 1,500 meetings among 15,000 users in 2003 10 times that number in 2007. The savings in travel time and expense, as well as reduced time away from work and staff time savings, are so widespread and immense that they can’t really be calculated. Along with the dollar savings, the organization likes the environmentally friendly savings in reduced carbon emissions from cutting travel.
Centre for Distance Learning and Innovation
To overcome budgeting concerns, the starting point for the Centre for Distance Learning and Innovation (CDLI) was a need to provide a high-quality level of service to distance education students. To begin, the organization stated the required outcomes and looked at the various ways of achieving them, including face-to-face classes, as well as asynchronous, synchronous, and blended distance classes. CDLI found that the blended model provided a sweet spot that optimized appropriately for both budget and student achievement. For the virtual synchronous environment, any additional costs are offset by greatly reduced travel, increased availability, and scalability that enables broader coverage.

Cost Savings
Live eLearning and web collaboration technology mirrors the interaction of the traditional classroom session or face-to-face meeting, while eliminating the need for expensive teleconferencing and travel. A single teacher can be leveraged to reduce the need for additional hiring, a regularly scheduled conference call can be replaced with an Internet-based meeting, and a remote subject matter expert can address a class online from across the globe without traveling a mile. The possibilities are almost endless.

British Columbia Ministry of Education
The British Columbia Ministry of Education supports school districts throughout a very large province. As a result, staff members travel frequently, sometimes spending $400-500 for a 1-2 hour meeting. About 20 districts have purchased live eLearning and web collaboration technology to save money and reduce staff downtime. In addition, the technology enables the ministry to provide training for its new electronic student information system without expensive, time-consuming travel. During the 3-month pilot, the ministry held 16 online meetings, with an average of 5 attendees per meeting. Ministry travel costs for those meetings would have been $8000, with an estimated total saved in travel costs for all participants of $40,000.

Iowa Central Community College
In 2003, Iowa Central Community College received federal funding to explore ways to make its expensive fiber optic system, Iowa Communications Network (ICN) more cost-effective and to serve a larger student population in rural areas. Synchronous online learning technology enables the school to mirror what it does on the ICN at less cost. In addition, Iowa Central can offer blended courses that meet live online on some days and over ICN on alternate days, allowing the college to more fully utilize both mediums, reduce costs, offer more courses, and meet the needs of students who want to take classes remotely.

University of Hawaii
In 2002, the College of Education was established at the University of Hawaii to address a statewide teacher shortage and now provides about 50% of instructors needed in the state. While the college has a hybrid distance education program in which students and faculty travel three weekends every semester for face-to-face time, paying instructors to travel was expensive. In addition, the University of Hawaii system also uses interactive television, which is difficult and costly to expand. In an effort to shift from travel to online meeting, they are getting together virtually to eliminate a single weekend of travel this semester, which represents about $4,500 in savings.

Recently, the university also used web collaboration software for a meeting that regularly required faculty and students to travel to Oahu for a half-day meeting before school began and then return to the other islands and mainline only to come back later when school started. The meeting was held online, saving $4,800 in travel costs.

Revenue Generation
Along with reducing costs, increasing revenues also contributes to achieving a rapid return on an institution’s investment in synchronous technology. As outlined in earlier examples, synchronous interaction adds significantly to the learning experience, including increasing completion rates, which leads to increased revenue. At the same time, use of the technology can also expand reach, often on an international level, which translates to an increase in enrollments and subsequent revenues. What’s
more, offering convenient, flexible distance education programs that include opportunities for student-
student and student-instructor interaction can provide significant competitive advantage to those
institutions trying to attract new and returning students as well as retain existing students.

Mount Saint Vincent University
In today’s changing academic environment, Mount Saint Vincent University (MSVU) wants to keep current
students involved and bring former students back to education. That’s why the institution is always
looking for ways to upgrade and expand the education experience, especially for those who are at a time
in life when they can’t go back to school full time. MSVU’s goal is to provide what it calls multi-mode
facilitation tools like teleconferencing, television, and live eLearning to enable students to move forward in
their careers and in life.

Ohio State University
Ohio State’s Non-Traditional Doctor of Pharmacy (NTDP), an online professional doctoral degree
program for working pharmacists, needed a more reliable, interactive way to interact than WebCT text
messaging or Office Hours Live audio chat. The university selected synchronous online technology
because it supports a classroom orientation, making it very easy for students to interact, collaborate, and
work as a team, with or without an instructor. In fact, the NTDP received the Excellence in College and
University Distance Education National Award from the American Distance Education Consortium for
demonstrating an impressive impact in reaching a diverse audience.

Penn State University
Penn State’s online MBA program provides distance education programs for more than 23,000 students
from all 50 states and 44 countries. The university’s challenge was to find a synchronous tool to support
its asynchronous, web-based courses, facilitate small group discussions, and enable faculty to hold
tutoring sessions and keep synchronous office hours. Penn State determined that live eLearning with
Voice over IP was the most appropriate solution, enabling the MBA program faculty to hold virtual hours,
interact with students on assignments, and present just-in-time course material to small groups.

Tennessee Tech University
Serving more than 9,200 students throughout the state, nation, and many other countries, Tennessee
Tech wanted to add dynamic interaction to supplement its WebCT eLearning environment. Today, the
university offers online courses synchronously or asynchronously as well as those that use a combination
of the two environments. The school also uses live eLearning for a course taught in conjunction with
Dohto University, its sister institution in Japan, which enables students from both cultures to achieve an
unprecedented level of cooperation and interaction.

University of Pittsburgh Center for Injury Research & Control
Once the Center for Injury Research & Control (CIRCL) integrated its synchronous online seminars into
its website, the organization was able to reach a wider audience, those that didn’t even know this type of
content was available. Now, CIRCL is expanding its coursework in the injury research area and will
conduct blended classes in a more traditional distance learning format, where students meet online and
less often in the onsite classroom, for its normal university classes as well as for extended classes offered
with or without credit to students around the world.

Conclusion
The real-world examples discussed in this white paper demonstrate that synchronous online learning
continues to have a significant impact on academic institutions and provides a wide variety of benefits—
both academic and financial.
Along with a wealth of anecdotal evidence, our customer examples show:

- An overall average completion rate for blended courses using synchronous and asynchronous technology of 91%, compared with an average completion rate of just 44% for asynchronous-only courses
- An average increase in course and final exam grades for blended courses of 12.5%, when compared with asynchronous-only participation
- A high school graduation rate increase of more than 60% for online eLearning over the traditional face-to-face classroom
- A user preference for a blended learning environment of 68%
- A significant number of organizations savings thousands of dollars in travel costs by using live online technology for teaching, learning, and meeting

A survey at a recent academic conference showed that 50% of the attendees anticipate adding synchronous eLearning solutions in the next year. At Elluminate, we envision the classroom of tomorrow where technology is an integral part of the learning environment. In this classroom without walls, educators present exciting content, record content for easy access worldwide, and engage students to create a dialogue across borders. In addition, instructors invite guest lecturers and remote experts and extend the classroom beyond its physical boundaries to leverage limited resources and provide access for all, regardless of ability, background, income, or geography. It remains our mission to promote and provide the enabling technology that can make the classroom of tomorrow a reality today.

**Elluminate Needs Your Help**

Has your academic institution conducted any research about the impact and benefits of synchronous online learning? Have you compiled any statistics about the results you’ve achieved by implementing this technology in your organization? We’d welcome the opportunity to include your results in a new white paper that provides additional data collected from a variety of formalized studies and surveys. If you have information to share, please email research@elluminate.com.

**About Elluminate**

Elluminate, Inc. provides proven, best-in-class web, video, and audio solutions for real-time online learning and collaboration that deliver exceptional outcomes, including enhanced learning experiences, increased retention and completion rates, and higher ROI. Elluminate serves more than 600 million annual web-collaboration minutes to over 7 million teachers and students located in 170 different countries.

For more information about Elluminate and its products, visit [http://www.elluminate.com](http://www.elluminate.com).

To learn more about how many more customers are transforming teaching and learning and more with Elluminate technology, visit [http://tinyurl.com/n6avkl](http://tinyurl.com/n6avkl).

To request more information, contact us at info@elluminate.com or visit [http://tinyurl.com/mkryav](http://tinyurl.com/mkryav).

For a free 30-day Elluminate trial, visit, [http://tinyurl.com/lcrn3p](http://tinyurl.com/lcrn3p).